



## Media Release

### Yarragon Lions a life saver

The Yarragon Lions Club recently donated two resuscitation mannequins valued at \$8,485 to the West Gippsland Healthcare Group (WGHG). Both the adult and infant life size mannequins will be used to assist with basic and advanced life support training. The mannequins will provide the opportunity for staff to be trained and assessed at demonstrating effective CPR techniques.

Over 600 employees from nursing, allied health, doctors, ward clerks and porters will participate in annual training using the new mannequins. It is a well-known fact that the chance of a good outcome after a cardiac arrest is dependent on the early initiation and good technique of CPR.

WGHG has an experienced team of educators and assessors, however the possibility of differing judgement on CPR technique regarding the depth and rate of compressions can sometimes occur. The new mannequins come equipped with an electronic Simpad that provides effective and instant feedback on CPR technique including hand placement, compression rates and depth efficacy of ventilation. The system also has the ability to instantly change cardiac rhythms on defibrillators to aid in Advanced Life support training.

Yarragon Lions Club President Kevin Arnold said “We are thrilled to be able to attend today and present the Hospital with this new equipment. Our members know the great work that the staff do at the Hospital and these mannequins will make such a difference to how staff are trained in performing life support”.

Medical Education Officer Wendy Tilling said “We can’t thank Yarragon Lions Club enough for their hard work and the many sausage sizzles their members have held to raise money to buy these mannequins. Our team are really looking forward to rolling out new life support training to staff. It will save lives.”

*Caption: (L-R) Yarragon Lions Club members Shirley Gibson, Diane Garratt, Richard Sandy, Kevin Arnold, Wendy Tilling (WGHG), Ken Plum and Joe Van Den Brock.*

